

Available for interview...

Successful Parenting Without Punishment

According to the [U.S. Department of Health and Human Services](#), the percentage of kids who can talk to their parents about ‘things that matter’ is at an all time low — 62%!

Conflict Prevention Specialist Lisa Rothman says, “When children do something their parents don’t like, many parents — with the best of intentions — use strategies that compromise their kids’ trust in them and make it less likely that their kids will share what’s important to them. The good news is that there are alternative strategies that better serve the parent/child relationship in the moment, and in the long run.”



In this segment, Lisa will share four steps that peacefully resolve problems without resorting to punishment, grounding, or even a time out.

Listener Engagement and Prizes!

As a speaker and broadcaster with decades of experience thinking on her feet, Lisa invites the podcast host and listeners to provide scenarios they believe can only be resolved through punishment. She casts them in the role of the child, she puts herself in the role of the parent, and she either resolves the conflict to everyone’s satisfaction or sends them a gift certificate to the restaurant of their choice.

She’ll also share:

- What to say first to de-escalate any conflict
- How to uncover the deeper meaning behind things kids say that baffle, frustrate and infuriate you

The 4 Cs of Conflict Prevention and Repair

1. Create Space
2. Connect with Self
3. Connect with Others
4. Co-Create a New Strategy



Lisa Rothman has spent more than 20 years learning, practicing, and teaching collaborative communication skills. The tools she’s mastered and created resolve conflicts with children in her own family and in families throughout the world.



Contact:

Lisa Rothman
(510) 387-7524

lisa@lisarothman.com
lisarothman.com/media