Less Fighting, More Fun With Your Kids

Surveys show that parents have an average of six fights and spend about 50 minutes a day arguing with their kids.

According to Conflict Prevention Specialist Lisa Rothman, "Who wants to spend almost an hour a day feeling mad at the people we love the most? No one. There are concrete strategies anyone can use to get your family on the same page without wasting time."



In this segment Lisa will share with your audience four steps that can dramatically reduce the number of fights between parents and kids so families can have more fun and meaningful connection.

As a comic storyteller, Lisa brings family conflicts to life by portraying everyone involved in them — mom, dad, the teenager, the toddler, even the dog — and then demonstrating how her methodology magically transforms the conflict into a dilemma the whole family wants to solve together.

She'll also share:

- Two phrases that create most conflicts and what to say instead
- A surprising strategy for peacefully getting your way with kids (and everyone else)

The 4 Cs of Conflict Prevention and Repair

- 1. Create Space
- 2. Connect with Self
- 3. Connect with Others
- 4. Co-Create a New Strategy

Lisa Rothman has spent more than 20 years learning, practicing, and teaching collaborative communication skills. The tools she's mastered and created resolve conflicts with children in her own family and in families throughout the world.



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