

Available for interview...

Getting Siblings To Get Along

Observational studies show that siblings fight 3.5 times an hour.



According to Conflict Prevention Specialist Lisa Rothman, “Many parents want their children to be close now and into adulthood but don’t know what — if anything — they can do to stop the constant fighting. The good news? Plenty! You can support them in getting along in the moment so they’ll get along later — and in the long run it’s easier than anything you’re doing right now to ‘help’.”

In this segment, Lisa shares four steps that defuse sibling conflicts and teach kids how to resolve their own fights peacefully without parental intervention.

Host Participation

As a comic storyteller, Lisa brings family conflicts to life by portraying everyone involved in them — mom, dad, all the kids — and then demonstrating how her methodology magically transforms the conflict into a dilemma the whole family solves together — with the participation of the podcast host.

She’ll also share:

- A statement that’s guaranteed to escalate sibling rivalry and what to say instead
- How to buy time so you can focus on one child while maintaining the other’s trust that they matter too

The 4 Cs of Conflict Prevention and Repair

1. Create Space
2. Connect with Self
3. Connect with Others
4. Co-Create a New Strategy



Lisa Rothman has spent more than 20 years learning, practicing, and teaching collaborative communication skills. The tools she’s mastered and created resolve conflicts with children in her own family and in families throughout the world.



Contact:

Lisa Rothman
(510) 387-7524

lisa@lisarothman.com
lisarothman.com/media